

# Save 75% on Better Bodies' One Month Makeover!



only **\$99** (reg. \$399)

## **Program Includes:**

- 30 Day Custom Group Training Program
- 30 day Custom Nutritional Plan
- 2 Private Training Sessions
- 30 Minute Massage at Me
- Unlimited 7 Day Per Week Gym Access
- Private Better Bodies Fitness Consultation

To reserve your \$99 One Month Makeover, call 731-1668 or visit Better Bodies at Tanque Verde & Sabino Canyon. Must sign up by March 31, 2012

# BETTER **B** BODIES

Free workshop at Better Bodies will show you how diet and exercise can quickly change your life if you are suffering from high blood pressure, high cholesterol, low energy, diabetes, constant aches & pains or the many problems associated with being overweight...

**Saturday • March 17 • 1pm**  
Seating is limited. Please call 731-1668  
Attendees will receive a \$100 Gift Certificate!

**Lose the Fat**  
**Lean Tone Muscle**  
**Increase Energy**  
**Get Stronger**  
**Look Great**  
**Feel Great**  
**Reduce Stress**  
**Have FUN!**